

Highlands Community Ministries

1140 Cherokee Road, Louisville, KY 40204

United in faith, friendship, and ministries within the Highlands.

Concordia Lutheran
Calvary Lutheran
Highland Baptist
Deer Park Baptist
Vine Street Baptist
Edenside Christian
Douglass Boulevard Christian
Highland Presbyterian
Bardstown Road Presbyterian
Strathmoor Presbyterian
Christ Evangelical U.C.C.
Immanuel United Church of Christ

Church of the Advent Episcopal
St. Andrew's Episcopal
Highland United Methodist
St. Paul United Methodist
Bellarmine Campus Ministry
St. Francis of Assisi Catholic
St. Therese Catholic
St. James Catholic
St. Agnes Catholic
St. Raphael Catholic
St. Brigid Catholic
Metropolitan Community



Highlands Bulletin

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Highlands Community Ministries (HCM) is an ecumenical non-profit organization uniting 24 churches in faith, friendship, and ministries within the Highlands.

Executive Director, Stan Esterle, 451-3695

www.hcmlou.org

Dear Neighbor,

We are celebrating our 42nd year of providing full-time ministries to people of all ages in the Highlands. Because it costs almost \$5,500 to mail this bulletin and a donor envelope to our 16,800 households (plus providing 4,200 copies to church members), we can distribute just one bulletin a year. Keep it for reference year round, and mark your calendar with upcoming events. You may also visit our website at www.hcmlou.org for a listing of activities during the year.

*Once again, we urge each household to make a generous donation to our programs. Our 12th annual campaign is anticipated to yield about \$50,000, and we received \$12,163 from the 5K Run/Walk, etc. These funds will help meet budget needs — especially services to the poor and the frail elderly — for the fiscal year beginning July 2011. Your ongoing support is critical. **Please mail whatever you can afford in the enclosed envelope.***

Our Highlands is blessed with beauty and diversity, and especially with residents, businesses, and churches committed to “building community” among all our people. Thanks for being a part of our community and our ministry.

~ Stan Esterle

Those in Need

Individual and Family Assistance Program (IFAP)

Lynn Humphrey, Director, 451-3626

Services to Highlands residents. Emergency services: rent assistance, utilities, and food. Support programs: practical educational classes and other seasonal services.

Emergency Food

Dare to Care
Highland UMC
1140 Cherokee Road
Monday – Friday
10 a.m. – noon

Kids Kloset

Free clothing, etc. for sizes infant to 6X.
Concordia Lutheran
1127 E. Broadway
Tuesday 10 a.m. – noon

Seniors

Senior Services: Mary Lynne Masterson, Director

Adult Day Health Center: 459-4887

Provides a high-quality, economical alternative to institutional care or at-home care. Located at St. Paul United Methodist Church, 2000 Douglass Blvd. Subsidy funds available for low-income persons.

Outreach Programs: 459-0132

Services provided to homebound and active senior adults: mobile meals, homemaker assistance, counseling, medical and shopping transportation, home visits, newsletter, health clinic, volunteer opportunities, application assistance, and help with medical insurance forms.

HCM Shaffer Enrichment Center: 459-0132

Hot noon meals and activities Monday – Friday at Douglass Blvd. Christian Church (2005 Douglass Blvd.).

Visiting Nurses Clinic: 2nd and 4th Mondays, 9 a.m. – noon, Douglass Blvd. Christian Church, 459-0132.

Highlands Court, 1720 Richmond Drive

Janet Lee, Manager, 454-7395

HCM-sponsored, Section VIII subsidized apartments (100 units) for senior adults and handicapped individuals.

Children & Families

Day Care

Two HCM programs provide quality day care for children ages six weeks through five years:

– **St. Paul UMC/Douglass Blvd. Christian:**

Debbie Borst, Director, 458-3045

– **Eastern Star Home:** Debbie Borst, Director, 458-8723

Parents' Day Out, Day Care, Preschool Programs

For a list of programs by ZIP code, 636-1358

Rent-a-Teen: High school youth available for part-time tasks, 451-3695

Highland Youth Recreation Sports

Leslie Gross, Director, 451-3695

Sign-ups at Bardstown Road Presbyterian Church, 1722 Bardstown Road

Fall soccer: Saturdays, August 6 & 13, 1 – 4 p.m.

Register on line at www.hysports.com for spring soccer starting February 1 and for T-Ball, baseball, and softball starting April 1.

Basketball: Douglass Community Center, 456-8120

Upward Basketball: St. Paul United Methodist, 459-1595

Volleyball: Fall and spring, co-ed adult leagues, Tuesdays, Douglass Blvd. Christian Church, 451-3695

Highlands Shepherds: Pastors' lunch, Monthly

Neighborhood and Business Associations: 451-3695

Highlands Connection: Meets every other month on Monday, 451-3695

In addition to funding from individuals, churches, corporations, groups, and fees, HCM receives funds from Louisville Metro, KIPDA, Medicaid, and HUD.

Trips

These trips depart from and return to Douglass Boulevard Christian Church

Seven-Day Vacation to Savannah

October 9 – 15, 2011

Join us for a 7-day/6-night vacation via Diamond Tours that includes deluxe motor coach, six nights' lodging, six breakfasts, four dinners, and guided tours of historical Savannah; Jekyll Island; St. Simons Island; Beaufort, SC; Parris Island Marine Base; and the Georgia Music Hall. Cost is \$509 per person double/\$659 single occupancy. Full payment is due upon reservation. Call 451-3695.

West Baden Springs Hotel

Wednesday, October 19, 2011

Enjoy the fall foliage as we travel to West Baden, Indiana. We will enjoy a guided tour of West Baden Springs Hotel and a buffet lunch at the Black Buggy Amish Restaurant in West Baden. The American Coach Travel bus leaves at 8:00 a.m. and returns about 4:30 p.m. Cost for the bus, the tour, and lunch is \$21 per person. Call 451-3695.

Week in the Highlands

Saturday, October 1, 8 a.m.

Highlands Cup 5K Run/Walk plus pancake breakfast
Douglass Blvd. & Bardstown Road

Sunday, October 2, 2 – 7 p.m.

Highlands Douglass Big Rock Jazz & Blues Fest

Thursday, October 6, 5:30 – 8 p.m.

Empty Bowls, Bellarmine University, Frazier Hall

Friday, October 7, 6 – 9 p.m.

Belknap Festival Eve

Saturday, October 8, 11 a.m. – 9 p.m.

17th Belknap Fall Festival

Sunday, October 9, Noon – 5 p.m.

Farmington Harvest Festival

Derby Dinner Playhouse Call 451-3695

Sunday: 8/7 *The Sound of Music*

Sunday: 9/25 *Church Basement Ladies*

Sunday: 12/18 *Sanders Family Christmas*

Sunday: 3/25 *Smokey Joe's Cafe*

Sunday: 5/13 *Happy Days*

Cost per trip for the bus, buffet, and play is \$32 with TARC transportation (\$29 without transportation). Depart 11:15 a.m. from Highlands Court, 1720 Richmond Drive.

Religious Unity Activities

Interfaith Dinner Dialogue

Hindu, Buddhist, Christian, Jewish, Muslim, Baha'i
Tuesday, October 25, 5:30 – 8:30 p.m.

The Temple

Registration: 451-3695

HCM Ecumenical Thanksgiving Service

Tuesday, November 22, 7 p.m.

St. Paul United Methodist Church

Lent: Weekly Soup & Bread Dinners, Scripture

Various HCM churches, day of week TBD

Call 451-3695 for details

Good Friday Ecumenical Service

April 6, Noon, Highland United Methodist Church

Ways to Support HCM

- Walk/run in **Highlands Cup**, October 1
- Attend **Empty Bowls**, October 6
- Buy a **Kroger gift card** from HCM: 451-3626
- Buy **Entertainment coupon book** for \$25: 451-3695
- Call HCM about a planned giving gift: 451-3695
- Send your tax-deductible **donation** to HCM,
1140 Cherokee Road, Louisville, 40204

*Remembering Highlands Community Ministries
in your will is greatly appreciated.*

Community Classes: You must register and pay in advance for all classes. To register, call 451-3695. Checks should be made payable to and mailed to **Highlands Community Ministries**, 1140 Cherokee Road, 40204. You get a \$2 discount per class if we get your payment by Friday, August 19. Fees do *not* include supplies.

BARDSTOWN ROAD PRESBYTERIAN CHURCH, 1722 BARDSTOWN ROAD					
Oil Painting	Gerry Furgason	Th – 1:00 – 3:00 p.m.	9/8	7 weeks	\$34
Sun Tai Chi for Health, Part 1	Joyce Deddens	T – 6:00 – 7:30 p.m.	9/6	7 weeks	\$34
CALVARY LUTHERAN CHURCH, 1838 BARDSTOWN ROAD					
Yoga – Beginning Bring mat.	Sharon Weis	M – 6:30 – 7:30 p.m.	9/12	7 weeks	\$34
DOUGLASS BLVD. CHRISTIAN CHURCH, 2005 DOUGLASS BLVD.					
Intermediate Watercolor	Tom Scott	T – 7:00 – 9:00 p.m.	9/6	7 weeks	\$34
Ballroom Dancing for Beginners (Couples)	Nancy Moss Weir	Th – 7:00 – 8:00 p.m.	9/8	7 weeks	\$66
DOUGLASS COMMUNITY CENTER, 2305 DOUGLASS BLVD.					
Recreation and activities: Call 456-8120.					
HIGHLANDS/SHELBY PARK LIBRARY, 1250 BARDSTOWN ROAD					
Computer training: Call 574-1672.					
ST. PAUL UNITED METHODIST CHURCH, 2000 DOUGLASS BLVD. & DOUGLASS BLVD. CHRISTIAN CHURCH, 2005 DOUGLASS BLVD.					
Daytime yoga: Call 459-1595, ext. 25.					
Support Group for Mothers of Preschoolers (Child care provided) Call 459-1595, ext. 17.	Lorie Williamson	M – 9:30 – Noon M – 6:30 – 8 p.m.		Monthly: 2 nd Monday	—
Shaffer Enrichment Center: Daytime tai chi, beginner's computer, line dancing: Call 459-0132.					
STRATHMOOR PRESBYTERIAN CHURCH, 2201 HAWTHORNE AVENUE					
Yoga – Continuing Bring mat.	Barbara Reck	Th – 6:30 – 7:30 p.m.	9/15	7 weeks	\$34

Bank on Louisville Seminar

HCM is planning a seminar for the fall of 2011 to enable low-income people and the elderly who do not have checking accounts to be linked to a bank that will provide a free checking account. Interested persons, please call 451-3695.